

ST. JOHNS COUNTY

Board of County Commissioners



2025 Healthy Living Reimbursement Program

The Healthy Living Reimbursement Program aims to help employees lead healthier lifestyles and reward those taking steps. This is accomplished by subsidizing a portion of the employee's activity cost.



SJC BOCC benefits-eligible employees can participate in this program. Reimbursement for approved activities/items may be provided up to \$100 per session; \$200 annually.

- **Session 1:** January 1, 2025 - June 30, 2025 (requests due 6/30)
- **Session 2:** July 1, 2025 - December 31, 2025 (requests due 12/31)

Employees are responsible for submitting their request(s) and supporting materials via the Request Form. Activities must be purchased, and requests submitted by the session deadline to be eligible. **Some covered activities/items include:**

- Gym memberships
- State or National park pass
- Health coaching session(s)
- Fitness equipment
- Gardening supplies
- Fitness tracker
- Personal Training
- and more!



Please refer to the [program FAQ](#) for a complete list of covered and excluded activities/items.

<https://survey.alchemer.com/s3/8118872/2025-SJC-BOCC-Healthy-Living-Reimbursement-Program-Request-Form>



2025 St. Johns County Healthy Living Reimbursement Program Frequently Asked Questions (FAQ)

What should I upload as proof of purchase when completing the Request Form?

Proof of purchase or activity verifications can include but are not limited to, receipts, invoices, highlighted bank statements, etc. In addition, most gyms and fitness facilities can print monthly invoices showing dues and payments upon request.

What activities are eligible for reimbursement?

Under the 2025 Healthy Living Reimbursement Program, the following activities/items are approved:

- Gardening Supplies including garden kits, plants, seeds, pots, gloves, planters, shears, fertilizers
- Florida State Park Pass or National Park Pass
- Fitness Equipment including shoes (for any sport), treadmill, snowboard, skis, bicycle, tennis racket, golf clubs, yoga mat, helmet, skates, hula hoop; equipment for swimming, football, soccer, baseball, surfing
- Well-Being / Health / Fitness Magazine Subscription or Book
- Running / Walking / Biking or Similar Race Event including registration or tournament fees
- Gym Memberships
- Exercise / Fitness Classes / Active Sport Lessons including yoga, aerobics, Zumba, pilates, spin, martial arts, meditation, kickboxing, dance, nutritional or dietitian classes from wellness experts, weight management with coaching, JumpstartMD, karate, tae kwon do, music, art, archery, boxing, cricket, CrossFit, horseback riding, mental wellness classes, kayaking
- Exercise, Nutrition, Mental Wellness Mobile App Subscription
- Fitness Trackers including Apple iWatch, Fitbit, or similar wearable
- Personal Training Memberships
- Sessions with a Registered Dietitian or Personal Health Coach including nutrition counseling, meal planning services (but not food purchases), doula

Excluded Activities/Items:

- Health spa treatments
- Vitamins and supplements
- Medical appointments, services, supplies, tests, or equipment
- Exercise attire or sports attire (except fitness shoes)
- Sunglasses
- Physiotherapy and chiropractors including massage
- Headphones, AirPods, Bluetooth headsets
- Computer equipment, desks, computer chairs, headsets, and ergonomic equipment

Will this program continue?

The continuation of this offering will depend on participation, satisfaction, and the availability of funds.

What is the link to submit my request for reimbursement?

The Request Form is available [here](#) or by using the link: <https://survey.alchemer.com/s3/8118872/2025-SJC-BOCC-Healthy-Living-Reimbursement-Program-Request-Form>

I submitted my request form but didn't receive my email confirmation. What should I do?

Confirmation emails are delivered from noreply@alchemer.com. Sometimes, these emails are delivered to junk/spam, so be sure to check those folders. Failed email delivery also occurs when there is an error in the email address listed on the form, so be sure to double-check your entries.

I have questions about the program; whom should I contact?

Questions can be directed to BOCC Wellness Representative at sjcwellness@sjcfl.us or stjohnswell@mbaileygroup.com.