



# ST. JOHNS COUNTY FIRE RESCUE MARINE RESCUE

3657 GAINES ROAD  
SAINT AUGUSTINE, FLORIDA  
32084-6565  
PHONE: 904-209-1700



## St. Johns County Junior Lifeguard Program

Hello Junior Lifeguard families!! We are excited to announce that we will be holding the Junior Lifeguard Program this summer! We are looking forward to working with the youth of our community and building their skills in confidence in the ocean and help them learn some lifeguarding skills. In accordance with CDC guidelines we will be making a few adjustments to camp that hopefully will have minimal impact on the participants. All camp sessions will be limited to 24 participants. Please read over the information provided below and please contact us if you have any questions or concerns. We can be reached at [sjcrlifeguard@sjcfl.us](mailto:sjcrlifeguard@sjcfl.us) or 904-209-0340

### Program Registration:

- Registration will open at **9:00am on Monday April 5<sup>th</sup>**. No registrations will be accepted prior to the official opening time.
- Registration will be done on a first come first serve basis, based on the date and time the registration form was received.
- Registration forms must be emailed to [sjcrlifeguard@sjcfl.us](mailto:sjcrlifeguard@sjcfl.us)
- Do NOT send payment with the initial registration form.
- Please indicate a 1<sup>st</sup> and 2<sup>nd</sup> choice for sessions on the form.
- You will be notified of your child's status (if they have a spot or are on the waitlist) within 5-7 days of receipt of the registration form.
- If your child receives a spot in one of the session's payment is due by May 10<sup>th</sup>. Payments can be made by:
  - Bringing to the tryout (if your child is required to attend)
  - Dropping off at the Marine Rescue Office mailbox. Affixed wall beside the glass door outside of the office 366 A1A Beach Blvd, St. Augustine Fl 32080
  - Or mail to
    - Attention Marine Rescue – Junior Lifeguard Program
    - St. Johns County Fire Rescue
    - 3657 Gaines Road
    - Saint Augustine, Florida 32080



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## Tryouts:

- Participants who have attended the SJC Junior Lifeguard Program in the last 3 years are NOT required to attend a tryout.
- All first time participants are required to attend a tryout. Once the registration form is received and you are notified of your child's status (has a spot or is on a waitlist) you will be contacted about scheduling a tryout.
  - Tryout consist of swimming 100 meters unassisted and without stopping.
  - Treading water for 5 minutes unassisted and without stopping.
  - Swimming 10 meters underwater.
- In order to adhere to social distancing guidelines participants will be required to preregister for a tryout slot.
- Tryout slots will be filled first come first serve.
- Available tryout dates:
  - Saturday April 10<sup>th</sup>
  - Saturday April 24<sup>th</sup>
  - Saturday May 8<sup>th</sup>
  - Time slots are every 15 minutes 9:00am – 5:00pm
- Please note, if you are a first year participant your registration is dependent on attending and passing the tryout. Failure to attend a tryout will result in loss of your spot.

## Program Details:

- Camp Sessions:
  - Session I: Monday June 7<sup>th</sup> – Friday June 11<sup>th</sup> (8-11 years olds only)
  - Session II: Monday June 14<sup>th</sup> – Friday June 18<sup>th</sup>
  - Session III: Monday June 21<sup>st</sup> – Friday June 25<sup>th</sup>
  - Session IV: Monday June 28<sup>th</sup> – Friday July 2<sup>nd</sup>
- Camp Times:
  - 9am-1pm
- Location:
  - Marine Rescue Office 366 A1A Beach Blvd, St. Augustine Florida 32080



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- Participants will be issued uniform items including: swimsuit, shirt, hat, water bottle and bag.
- Participants should bring refillable water bottle, lunch or snacks and sunscreen each day.
- We will have a barbeque on Friday of each session all food will be provided so no need to back lunches that day!

## **CDC Guidelines:**

- All participants and instructors will have a health screening prior to entering camp daily, including a temperature check. A fever is determined by a thermometer reading of 100.4 or higher.
- If a child develops symptoms (fever, cough, shortness of breath or difficulty breathing) while at camp, they will be isolated and their parent/guardian will be contacted for pick up.
- All staff members will wear a mask while in any indoor settings and participants are encouraged to do the same. Mask are not required while outdoors or when social distancing is maintained.
- All common areas will be sanitized in accordance with CDC and departmental policies.
- If your child or anyone in the immediate household is sick please keep them home.

If you have any questions regarding the Junior Lifeguard program please feel free to contact me at any time.

Have a great day!

Lt. Jessica Earl

St. Johns County Fire Rescue

Junior Lifeguard Coordinator